

18/06/06/10 (AIB-1) Theory

Cook

**Interprovincial
Qualification**

COUNSELLING INFORMATION

150 TOTAL QUESTIONS

NUMBER OF QUESTION

SECTION 1	OCCUPATIONAL SKILLS	18
Task 1	Participates in menu planning	3
Task 2	Maintains sanitary standards	5
Task 3	Participates in production procedures	4
Task 4	Reviews cost controls	2
Task 5	Maintains standard industry practices	4
SECTION 2	STOCKS, SOUPS AND SAUCES	18
Task 6	Prepares thickening agents	3
Task 7	Prepares stocks	5
Task 8	Prepares soups	5
Task 9	Prepares sauces	5
SECTION 3	VEGETABLES AND FRUIT	14
Task 10	Prepares vegetables	8
Task 11	Prepares fruit	6

SECTION 4	PASTAS AND FARINACEOUS PRODUCTS (STARCHES)	10
Task 12	Prepares pastas	5
Task 13	Prepares farinaceous products (starches)	5
SECTION 5	GAME, MEATS AND POULTRY	19
Task 14	Prepares game	3
Task 15	Prepares meats	9
Task 16	Prepares poultry	7
SECTION 6	FISH AND SEAFOOD	15
Task 17	Prepares fish	8
Task 18	Prepares seafood	7
SECTION 7	GARDE-MANGER	14
Task 19	Prepares salads (hot and cold)	4
Task 20	Prepares hors-d'oeuvres (hot and cold)	2
Task 21	Prepares sandwiches (hot and cold)	3
Task 22	Prepares platters	2
Task 23	Prepares pâtés and terrines	1
Task 24	Prepares condiments and accompaniments	1
Task 25	Prepares aspics, jellies and glazes	1
SECTION 8	DAIRY AND EGG PRODUCTS	11
Task 26	Prepares egg dishes and accompaniments	5
Task 27	Prepares cheese-related dishes	3
Task 28	Prepares milk-related dishes	3

SECTION 9	CONVENIENCE FOODS AND BEVERAGES	7
Task 29	Prepares convenience foods	5
Task 30	Prepares beverages	2
SECTION 10	BAKED GOODS	10
Task 31	Prepares dough	3
Task 32	Prepares batter	3
Task 33	Finishes bakery products	4
SECTION 11	DESSERTS	14
Task 34	Prepares creams, mousses and fillings	3
Task 35	Assembles cakes	3
Task 36	Prepares pastries and pies	3
Task 37	Prepares frozen desserts	2
Task 38	Prepares dessert sauces	2
Task 39	Prepares chocolate	1

TIME ALLOWED 4 HOURS

PASS MARK 70%

- This is a multiple choice type examination.
- This information is to be used for candidate counselling purposes only.